

09:00 – 09:30	Registration
09:30 – 10:00	Welcome and introductions <ul style="list-style-type: none">• Introduction to the trainers• Structure of the day• Principles of approaching a musculoskeletal (MSK) consultation• Osteoarthritis (OA) for patients and doctors
10:00 – 11:45	Workshop 1: Lower back pain and sciatica <ul style="list-style-type: none">• NICE guidelines• The diagnostic triage• Taking a targeted history• Examination• Management of common scenarios• Communication skills and tips
11:45 – 12:00	Break
12:00 – 12:45	MSK Bitesize: An overview of musculoskeletal conditions
12:45 – 13:30	Lunch and networking
13:30 – 15:00	Workshop 2: Lower limb pain and OA (with emphasis on knee) <ul style="list-style-type: none">• NICE OA guidelines and implementation tools (JIGSAW)• History taking• Examination• Management of common scenarios• Communication skills and tips
15:00 – 15:15	Break
15:15 – 16:45	Workshop 3: Upper limb pain including neck (with emphasis on shoulder) <ul style="list-style-type: none">• History taking• Examination• Management of common scenarios• Communication skills and tips
16:45 – 17:00	Conclusion and meeting close